

Taekwondo Syllabus

Fall Sessions 1 & 2, 2018

Instructor Information

Instructor

Rosemary Gilliam

Email

rosemarygilliam@gmail.com

Class Location

Niles Buchanan Aerobics Room

General Information

Description

We are happy to offer child-focused Taekwondo classes. This energetic class will focus on discipline, self-confidence, self-control, respect, with an emphasis on being a GREAT student in school. Students will learn self-defense techniques to keep them safe in any situation.

Expectations and Goals: Pass/Fail

Course Materials

Required Materials (most should be provided by teacher covered in course fee, indicate if provided by student, i.e. sewing kit)

- Beginning students should wear loose fitting clothing
- Advanced students are required to wear the proper uniform (purchased through instructor)

Optional Materials (provided by student/family)

Course Schedule

This is an ongoing class. Each week, students learn the basic techniques necessary for advancement. Students learn at their own pace. Advancement is not on a preset schedule.

End of Semester: Finished Work

- Evidence of Learning (circle one): post-test score improvement, fine arts recital, work of art/art show, **class/parent/public performance**, **achievement of a higher level or rank**, product creation, scrapbook, written examination or report.