



Benton Harbor- St. Joseph YMCA Swim Lesson Schedule
 Summer I Session: June 9 - July 20 (5 weeks - no classes 4th of July week)

Infant/Toddler (6 months-3 years)	Price	Duration	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Water Discovery	\$52.50 Member \$105 Non-Member	30 mins			9:45am (M)			9:15am (P) 10:45am (P)	
Water Exploration	\$52.50 Member \$105 Non-Member	30 mins			9:45am (M)			9:15 am (P) 10:45am (P)	
Preschool (3-5 years)	Price	Duration	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Water Acclimation	\$52.50 Member \$105 Non-Member	30 mins	5:30pm (S)		10:30am (P) 5:30pm (B)			10:15am (P)	
Water Movement	\$52.50 Member \$105 Non-Member	30 mins	5:30pm (B)		10:30am (P) 5:30pm (NZ)				
Water Stamina/ Stroke Introduction	\$52.50 Member \$105 Non-Member	30 mins	5:30pm (P)		10:30am (P) 5:30pm (P)			9:45am (P)	
School Age (6-12 years)	Price	Duration	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Water Acclimation/ Water Movement	\$60 Member \$120 Non-Member	45 mins	6:05pm (P)		6:05pm (P)			11:15am (P)	
Water Stamina	\$60 Member \$120 Non-Member	45 mins	6:05pm (B)		6:05pm (B)				
Stroke Introduction/ Stroke Development	\$60 Member \$120 Non-Member	45 mins	6:05pm (P/B)		6:05pm (NZ)				
Adult (13+ Years)	Price	Duration	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Lessons	\$60 Member \$120 Non-Member	45 mins							
Specialty Aquatics	Price	Duration	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Just For You Swim (6-14)	\$60 Member \$120 Non-Member	30 mins				5:30pm (NZ)			
Aqua Greyhounds Master's Swim Team	\$30 Member (10 punch card) \$60 Non-Member (10 punch card)	75 mins			5:30am (SA)		5:30am (SA)		
Young Adventure Camp	N/A	30 mins		9:15am (P/A) (meets T&TH)		9:15am (P/A) (meets T&TH)			
Accelerated Summer Swim Lessons	Price	Duration	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
(Ages 3-5) June 17-27 or July 8-18	\$84 Member \$168 Non-Member	30 mins	4:00pm (Meets M-TH)	4:00pm (Meets M-TH)	4:00pm (Meets M-TH)	4:00pm (Meets M-TH)			
(Ages 6-12) June 17-27 or July 8-18	\$96 Member \$192 Non-Member	45 mins	4:35pm (Meets M-TH)	4:35pm (Meets M-TH)	4:35pm (Meets M-TH)	4:35pm (Meets M-TH)			

Instructors:	
P-PJ	M-Miriam
S-Sara	ND- Nancy D.
A-Aruna	ST-Stacy
SA-Sam	AL-Allissa
NZ-Nancy Z.	B-Becky